

The Student Success Centre

Job Preparation 101

The University of Western Ontario
London, Ontario, Canada

Section 1

Contact Information

Student #: _____

Last Name: _____ Given Name(s): _____

Phone: _____ E-mail: _____

Local Address: _____
Street (include unit if applicable) City Postal Code

Permanent Address: _____
(if applicable) Street (include unit if applicable) City Postal Code

Personal Information

- Canadian Citizen
 Indigenous (First Nations/Inuit/Metis)
 Visa Status
 Landed Immigrant

Gender: Male Female

Date of Birth: ____ / ____ / ____
DD MM YYYY

Academic Information

Program (if applicable): _____

- | Status: | Campus: | Faculty/School: | Degree: | Year: |
|--|---|--|--|--------------------------------|
| <input type="checkbox"/> Full-time Student | <input type="checkbox"/> Main Campus | <input type="checkbox"/> Arts and Humanities | <input type="checkbox"/> Undergraduate | <input type="checkbox"/> 1 |
| <input type="checkbox"/> Part-time Student | <input type="checkbox"/> Brescia University College | <input type="checkbox"/> Social Science | <input type="checkbox"/> Masters | <input type="checkbox"/> 2 |
| <input type="checkbox"/> Alumnus/a | <input type="checkbox"/> King's University College | <input type="checkbox"/> Science | <input type="checkbox"/> Professional | <input type="checkbox"/> 3 |
| <input type="checkbox"/> Exchange Student | <input type="checkbox"/> Huron University College | <input type="checkbox"/> Don Wright Faculty of Music | <input type="checkbox"/> M.B.A | <input type="checkbox"/> 4 |
| <input type="checkbox"/> Prospective Student | | <input type="checkbox"/> Engineering | <input type="checkbox"/> Ph. D | <input type="checkbox"/> 5 |
| | | <input type="checkbox"/> Health Sciences | <input type="checkbox"/> Post Doctoral | <input type="checkbox"/> Other |
| | | <input type="checkbox"/> Information and Media Science | <input type="checkbox"/> Special Year | |
| | | <input type="checkbox"/> Ivey | <input type="checkbox"/> Exchange | |
| | | <input type="checkbox"/> Education | | |
| | | <input type="checkbox"/> Law | | |
| | | <input type="checkbox"/> Schulich School of Medicine | | |

Your privacy is important to us!

All contacts with our services and information provided on this form are strictly confidential. However, from time to time the Career Centre might need to contact you. In the event that you are not available, would you be open to us leaving a message by voicemail? Yes No

PLEASE TURN OVER ►

Job Preparation 101

The University of Western Ontario
London, Ontario, Canada

Name: _____

Student number: _____

Date: _____

Job Preparation Questions

Why do you want to participate in Job Preparation 101?

What kind of employment/position are you seeking? (Be as specific as possible)

What job search activities have you begun? (List as many as possible)

What do you consider to be your greatest strengths in seeking employment?

What do you consider to be your greatest challenge in finding employment?

What do you hope to gain from attending Job Preparation 101?

Attitudes and Opinions

Strongly disagree	Disagree	Neutral	Agree	Strongly agree
1	2	3	4	5

(Please circle appropriate response)

I am willing to commit 6 two-hour sessions to attend Job Prep 101. 1 2 3 4 5

I have a clear idea of the kind of employment I am seeking. 1 2 3 4 5

I am not sure how to approach employers. 1 2 3 4 5

I am comfortable discussing my employment situation with others in a small group. 1 2 3 4 5

I am confident that I have the skills that are valued by employers. 1 2 3 4 5

I need to strengthen my interview skills. 1 2 3 4 5

I am worried about handling rejection in my job search. 1 2 3 4 5

I am not sure how to present my skills in my resume and cover letter. 1 2 3 4 5

I have my education but don't think that I have valuable work experience. 1 2 3 4 5

Job Preparation 101 will get me a job. 1 2 3 4 5