



**MAKING A DIFFERENCE IN  
CAREER SERVICES: CREATIVITY,  
COURAGE & COMMUNITY IMPACT**

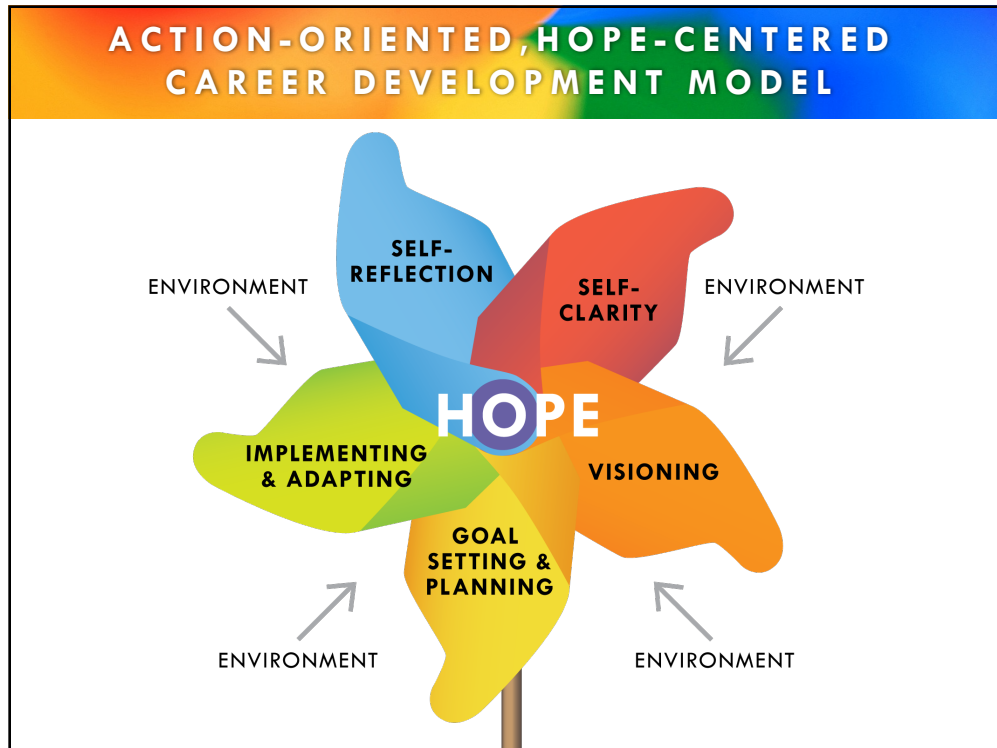
**Norm Amundson / University of British Columbia**

**Kris Magnusson / Simon Fraser University**



**GUIDING QUESTIONS**

- What is your “next problem to solve” or your focus for inquiry?
- What is one step you will take in the next two weeks related to your question or focus?



**DEVELOPMENT**

- **Developers:**
  - Spencer Niles - Wm. & Mary University, U.S.**
  - Hyung Joon Yoon – George Washington Univ., U.S.**
  - N. Amundson – University of British Columbia, Canada**
- **First Presented in “Career Flow: A Hope-Centred Approach to Career Development”**
  - S. Niles; N. Amundson & R. Neault**



### **Amber Clarke's Story**

Saskatoon Health Region

## **INTERVENTIONS**

- Circle of Strengths**
- Walking the Problem**
- Visioning**
- Goal Setting/Time Management techniques**
- Thought awareness**
- Journaling**
- Support with language programming**

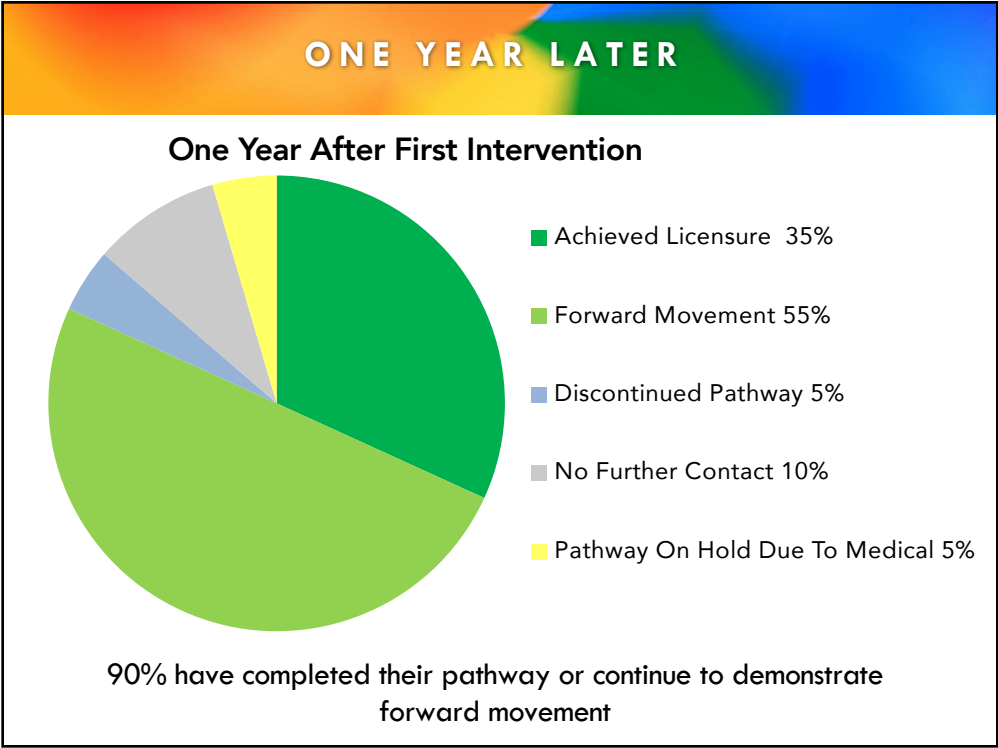
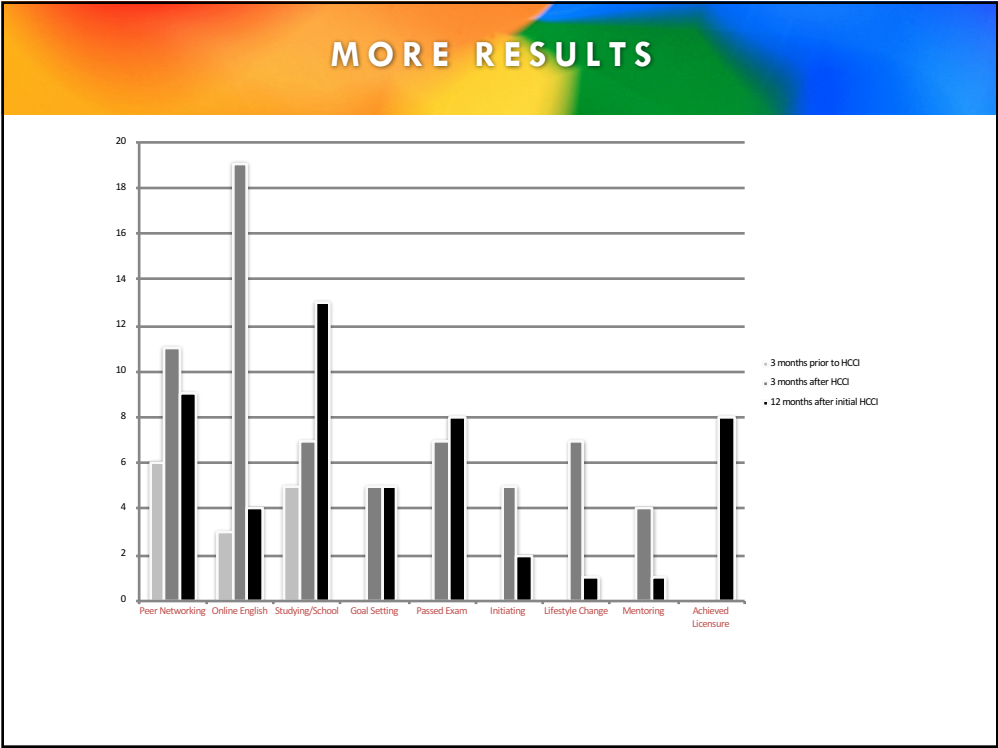
## ACOAT RACK AND A TREE



## RESULTS

### *Participant Survey Results*





<i>Item</i>	<i>Response Percent</i>	<i>Response Count</i>
Strengthened or restored my belief that I will achieve licensure in Saskatchewan	100.0%	15
A way to understand the ups and downs of my pathway	93.3%	14
To envision my future and set goals to get there	93.3%	14
Better understanding of my strengths and challenges	86.7%	13
Manage the different challenges on my pathway	86.7%	13
A way to recognize and respond to the different challenges on my pathway	80.0%	12
Motivation to resume a class/course or exam preparations	80.0%	12
Improved sense of confidence moving forward	80.0%	12
Methods or tools for me to use to cope with the demands of my pathway	73.3%	11
Motivation to start a class/course or exam preparations	66.7%	10
Did not find benefit	0%	0





**Tannis Goddard's Story**  
MixtMode, B.C.


### Research Objectives

-  Develop both **online** and **face to face** interventions.
-  Measure their effectiveness when used with **unemployed adults**.
-  Understand the **impact** of face to face and online delivery outcomes.
-  Examine the **experiences of Practitioners** for both methods of delivery.


### Stakeholder Impact Goals

**Stimulate interest in:**


- HOPE model
- Online and F2F Delivery Modalities




**UNEMPLOYED  
JOB SEEKERS**




**POLICY  
MAKERS**




**ONLINE & F2F  
PRACTITIONERS**




**ceric**  
CANADIAN EDUCATION AND RESEARCH INSTITUTE FOR COUNSELLING  
INSTITUT CANADIEN D'EDUCATION ET DE RECHERCHE EN ORIENTATION




**Tannis Goddard,  
MA**



**Dr. Norman  
Amundson**

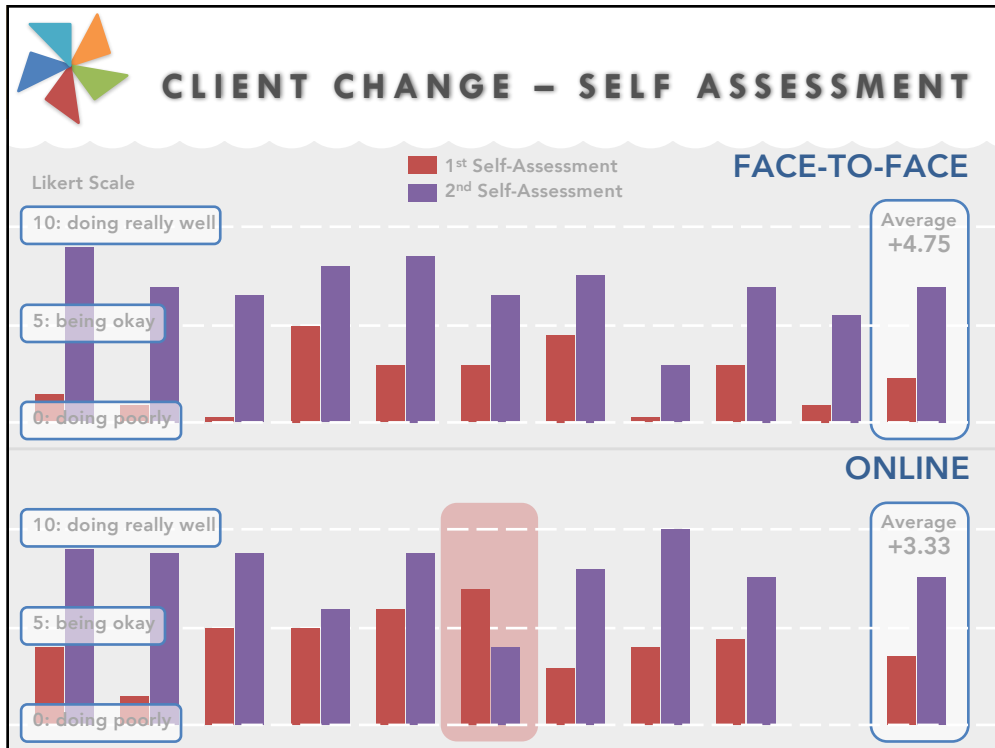
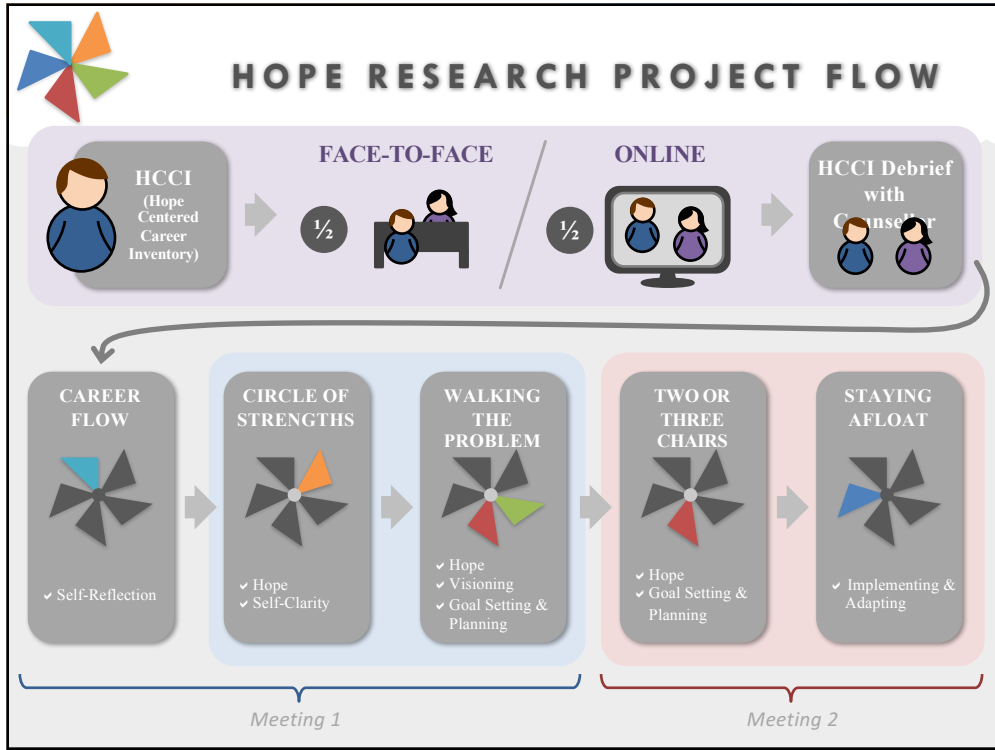


**Dr. Spencer  
Niles**



**Dr. Hyung  
Joon Yoon**





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THANK YOU

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RESOURCES:[www.hopecenteredcareer.com](http://www.hopecenteredcareer.com)