**Practice Principles: Career Theories and Models at Work**

Table of Contents

Preface

Acknowledgement

Dedication

Chapter 1: Strengthening Career Theory–Practice Connections
- Background
- What Is Theory and How Does It Inform Career Practice?
- Theory as a Core Competency in Professional Standards and Guidelines
- Theory-Informed Practice Principles
- How We Developed the Practice Principles
- Making the Most of This Book: A Vignette for Reflection
- Conclusion

Chapter 2: Career Development Practice Integrates Practitioner Reflection
- Reflective Practice Is a Foundation for Career Practice
- Reflection on Self and Career: Start Here!
- Reflection on Practice
- Reflection Models and Tools to Support You
- Conclusion
- Reflection Questions

Chapter 3: Career Development Practice Is Built on Relationships
- Building Quality Career Development Practitioner–Client Relationships
- Creating a Safe Space
- Assessment Practices
- Goal Setting and Decision Making
- Evaluating Progress
- Conclusion
- Reflection Questions

Chapter 4: Career Development Practice Involves Collaboration With Clients
- A Focus on Clients
- Personal Characteristics
- Competencies and Transferable Skills
- Motivation
- Readiness for Change
- Conclusion

Reflection Questions

Chapter 5: Career Development Practice Requires Customization
An Era of Customization and Accommodation
Customization Practices
Client-Centred Customization and Accommodation
Process Considerations in Customization and Accommodation
Conclusion
Reflection Questions

Chapter 6: Career Development Practice Is Based on Theory
Theory Provides a Foundation for Career Development Practice
Evidence-Based Practice
Consider a Range of Interventions
Career Practices Can Be Conducted in Different Formats
Take a Holistic Perspective to Practice
Consider Integrative Practices
Contextualize Practice from a Systemic Perspective
Conclusion
Reflection Questions

Chapter 7: Career Development Practice Occurs in Cultural Contexts
Cultural Context Matters
Clients and Their Worldviews
Multiple Pathways
Methods, Tools, and Assessment Practices
Organizational Contexts
Conclusion
Reflection Questions

Chapter 8: Career Development Practice Incorporates Social Justice Advocacy
From History to Heroes in Contemporary Career Development Practice
Views of Work and the Value of Employment
Navigating Sociopolitical Contexts
Addressing Inequities
Using Our Professional Voices
Conclusion
Reflection Questions

Chapter 9: Career Development Practice Involves Collaboration With Other Professionals
Collaboration as an Essential Skill for Contemporary Practice: It Takes a Village
Career Practitioners and Professional Networks
Multidisciplinary Networks
Professional Development: A Lifelong Commitment
Conclusion
Reflection Questions

Chapter 10: Implications for Career Theories and Models in Practice

Five Core Practices for Career Practitioners

1. Reflect
2. Connect
3. Contextualize
4. Customize
5. Collaborate

Where to From Here?

Conclusion