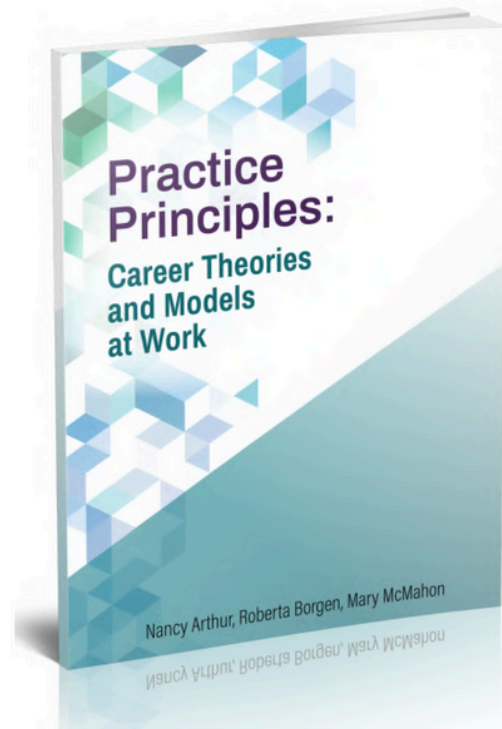


New books to strengthen theories and practices of guidance

Arthur, N., Borgen, R. & McMahon, M. (2024). Practice Principles: Career Theories and Models at Work

by Raimo Vuorinen & Jaana Kettunen

In early 2024, CERIC, a Canadian foundation for the promotion of guidance practices and research, published a handbook entitled *Practice Principles: Career Theories and Models at Work*. The work offers perspectives and principles on how to utilise different theoretical approaches and models in practical guidance work. The publication is aimed at those who have been involved in guidance work for a long time, as well as professionals who are new to the field, as well as students of the field of guidance. The book was written by Nancy Arthur, Roberta Borgen and Mary McMahon, who aim to complement the previous anthology *Career Theories and Models at Work: Ideas for Practice*, published in 2019. An earlier work, involving more than 60 authors from nine different countries, covered a wide range of theories and approaches. The aim of the book is to help supervisors identify the general principles behind their supervision work, independent of different theoretical approaches. In addition, supervisors are encouraged to strengthen their own supervision work based on the latest international theoretical approaches.



supervisors' self-reflection, supervision relationship, cooperation related to the guidance process, personalisation, cultural context, equality and social justice, and multiprofessional cooperation. The summary examines the combined effect of the above-mentioned principles on one's own guidance work, and the summary provides a practical guide for evaluating and further developing one's own work practices.

The introduction to the book examines more generally the relationship between different theories of guidance and practical supervision work and describes the working method by which the principles presented in the book have been derived from the application of different theories and approaches to practice. Other chapters analyse in more detail the principles related to, for example,

Arthur, N., Borgen, R. & McMahon, M. (2024). *Practice Principles: Career Theories and Models at Work*. CERIC.
<https://ceric.ca/publications/practice-principles-career-theories-and-models-at-work/>

The authors of the book publish free podcasts and blogs related to the theme at www.ceric.ca/practice

Book Review for Practice Principles: Career Theories and Models at Work

by Deidre Hughes

"Practice Principles: Career Theories and Models at Work" is an insightful and comprehensive guide that bridges the gap between career theory and practical application. Written by highly experienced professionals in the field, this book serves as an essential resource for career practitioners, educators, and human resource practitioners who seek to enhance their understanding and implementation of career development theories.

The book is structured into ten key chapters and provide readers with a clear and practical understanding of various career theories and models, making it accessible even to those who might be new to the field. Each chapter delves into theory-informed practice explaining its foundational principles, key concepts, and real-world applications. The authors have done a commendable job ensuring a multifaceted perspective on career development.

One of the standout features of "Practice Principles" is its practical orientation. Unlike many academic texts that focus solely on theory, this book emphasizes how these theories can be applied in everyday practice. For instance, it includes a strong evidence-base that informs practice that help readers see the direct relevance of theoretical concepts to their work. Also, at the end of each chapter there is a reflection section for the reader to consider both meaning and utilisation of the findings in their own unique setting. This practical approach not only enhances comprehension but also empowers practitioners to integrate these theories into their professional practice effectively.

The book covers a wide range of career development theories, from active engagement to working to survive, thrive or something more? Theories are presented with clarity and succinctness, highlighting unique contributions to the field of career development. The inclusion of diverse theoretical perspectives ensures that readers gain a comprehensive understanding of the complexities and nuances of career development.

The authors recognise that career development does not occur in a vacuum but is influenced by various cultural, social, and economic factors. This recognition is reflected in the discussions of how different theories can be adapted to meet the needs of diverse populations. This focus on cultural awareness is particularly relevant in today's increasingly globalised world and makes the book a valuable resource for practitioners working with clients from diverse backgrounds.

Additionally, "Practice Principles" addresses the ethical considerations in career counseling, providing guidance on how to navigate complex ethical dilemmas and socio-political contexts that may arise in practice. This emphasis on ethical practice underscores the importance of professionalism and integrity in the field of career development.

In conclusion, "Practice Principles: Career Theories and Models at Work" is an invaluable resource for anyone involved in career development. Its blend of theory and practice, combined with its focus on informing and supporting practitioners, makes it a must-read for careers practitioners, educators,

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In conclusion, "Practice Principles: Career Theories and Models at Work" is an invaluable resource for anyone involved in career development. Its blend of theory and practice, combined with its focus on informing and supporting practitioners, makes it a must-read for careers practitioners, educators, policymakers and human resource professionals. By providing a comprehensive and practical guide to the application of career theories, this book equips practitioners with the knowledge needed to effectively support their clients' career development journeys.

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Sampson, J.P. Jr., Lenz, J.G., Bullock-Yowell, E., Osborn, D.S. & Hayden, S.C.W. (Eds.) (2023). *Cognitive Information Processing: Career Theory, Research and Practice*

by Raimo Vuorinen & Jaana Kettunen

The Tech Center at Florida State University published an updated summary of the application of cognitive information processing theory (CIP) in different countries. The publication presents how CIP theory has been utilised over the past 40 years in many countries behind the overall planning of control services, tools for assessing the need for guidance, the cost-effectiveness of services and various applications utilising technology.

The work now published is based on the previously published basic works of the team that developed the theory (Gary Peterson, James P. Sampson,

